

Dear Sir,

As an alternative healing practitioner, I use colours as a medium to facilitate healing and promote wellness for over a decade. This unique approach combines ancient healing techniques with modern science to address a wide range of physical, mental, and emotional ailments.

I believe that every individual has the power to heal themselves, and my role is as a facilitator who helps to unlock that potential.

One of the key benefits of Colour Therapy approach is that it is non-invasive and does not rely on pharmaceuticals or other artificial interventions. Instead, it works with the natural rhythms of the body, mind, and spirit to restore balance and harmony. This holistic approach has been proven effective in treating a wide range of conditions, from chronic pain and digestive issues to anxiety, depression, and trauma.

A list of few ailments which we experience in our everyday life and we can heal them. Like anxiety, mood swing, depression, headache, respiratory-related issues, back pain, frozen shoulder, spinal issues, arthritis, stomach pain, bloating, gas, blood pressure, diabetes, cholesterol, PCOD, cervical, muscular pain, chronic habits like-smoking, tobacco, liquor.

Testimonial

Dear Esteemed members,

Writing this mail to express my sincere thanks and gratitude to Capt and Mrs Manmeet.

I happened to meet captain Manmeet along with my wife and son after hearing a lot about his therapy. On the very first meeting we could feel the warmth and cheerful nature of the couple. I narrated my snoring issue which I was having for so many years to Capt Manmeet, to which he gave a patient hearing and on the very first day there was a visible change in my condition (witnessed by my wife), infact my wife's knee pain, which was there for more than seven years, improved within minutes, which was really surprising. I am really amazed by his knowledge as I have witnessed such effective treatment for the first time in my life.

IQ sir thanks for providing such a wonderful platform of members with abundance wisdom.

Regards,
Arvind Kumar

I will be happy to share and conduct healing sessions for our fraternity.

Regards,
Capt. Manmeet Singh
Founder | JustHR
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